PRINCIPAL’S NEWS

WELCOME TO TERM 4
Welcome back to Term Four. It is great to have everyone looking well rested and happy to be back at school. In particular, I welcome those families who are new to Yidarra. This term we welcome Mrs Bianca Capello who will be teaching Indonesian in Years 4 - 6.

It is hard to believe that there are only 9 weeks of school for the students until the end of the academic year. Before we know it we’ll be saying ‘Where did the year go?’ I therefore encourage all students to continue to apply themselves and work hard with their studies this term as it is critical for their transition to the next year level.

OCTOBER, THE MONTH OF THE ROSARY
In 1883, Pope Leo XIII officially dedicated the month of October to the Holy Rosary. Since then the rosary has been recited by Catholics at this time of the year as a devotion in honour of the Virgin Mary. It consists of a set number of specific prayers and is recited using rosary beads, although it can be said on your fingers. The word rosary comes from Latin and means a garland of roses, the rose being one of the flowers used to symbolize the Virgin Mary. The following link will help you if you are interested in learning more about the rosary www.catholicity.com/prayer/rosary.html

SUMMER SCHOOL UNIFORMS
Students are required to return to school in Term 4 in their summer uniform. Thank you to all parents who have ensured that their children are dressed in the correct uniform. Information regarding school uniforms is located in the Parent Handbook that was distributed at the beginning of the year or on our school website at www.web.yidarra.wa.edu.au.

SCHOOL GATES
For safety reasons the gates around the school will be locked during the school day. Please note that all gates will be locked/unlocked by the Assistant Principals each day at the following times:

SCHOOL GATES (All black garrison gates)
Locked 9am
Un-locked 3pm

KINDY/PRE-PRIMARY (new cream gate - near uniform shop)
Locked 9.15am
Un-locked 2.30pm

Thank you for your support with the opening and closing of the gates.

CLASS PLACEMENT FOR 2017
During Term 4 the staff and leadership team will be organising our 2017 classes. The staff spend a considerable amount of time constructing these lists, taking into consideration the needs of individual students whilst at the same time ensuring a balanced class. Parents are asked to not approach the school with requests for their children to be placed in a particular teacher’s class, as all staff members at Yidarra are professional teachers who maintain high standards. Information regarding our school policy on class placement is included in this newsletter.

STUDENTS NOT RETURNING IN 2017
We have commenced our planning for classes for 2017. If your child is not returning in 2017, early notification is much appreciated. We have students on waiting lists in some year levels and finding out that a student will not be returning next year at this stage of the term allows us to complete enrolment processes for new students in a timely fashion. If your child is not returning in 2017, please inform the school as soon as possible. Naturally this does not apply to our current Year 6 students.

May God bless your week,

Carmel Costin
Principal

REFLECTION PRAYER
Mary you gave us Jesus. You were his mother on earth and you are our mother in heaven.
When we think of you, we think of a woman of great faith and gentle, motherly love.
We believe that you are always there for us and that you love us with a great love.
We ask you to help us love your Son Jesus as we ought and to follow your example of faith and trust in God.
Mary, be always a mother to us - a mother in whom we can confide, A mother who helps us on our way, a mother we can pray to each day.
Amen

SEQTA NOTIFICATIONS
All school notifications will be sent to your email address held on the school database. Please ensure you notify the office if you change your email address otherwise you will not be able to log on to SEQTA.
NOTE: SEQTA will not work unless you are using the browser Mozilla Firefox which you can download through Google for free.
Contact office if you cannot log on, so you do not have
Yidarra Catholic Primary School
Composition of Classes Policy

RATIONALE:

At Yidarra the classes are constructed in the best interests of the children. This happens on a yearly basis. Teachers have excellent knowledge of how the children relate, work and socialise in current classes and the playground, and all of this information is used in the composition of classes. We believe it is in the best interests of the children to experience different social groups as they move through various phases of development. This is based on the Christian principles of honouring and respecting each individual’s goodness and that as our Christian faith is built on a relationship with Jesus we can seek to develop Gospel values through our relationships with each other.

PRINCIPLES:

1. The process that Yidarra follows in mixing classes is not a random one. A great deal of thought and care goes into preparing the class lists. Staff consider social, emotional, academic and behavioural factors.

2. As we can experience movement of families (and staff members) in and out of the school community over the Christmas holidays, the school reserves the right to make any adjustments to the class lists.

PROCEDURES:

1. Consultation may occur with the Special Education Team at the Catholic Education Office and teaching staff.

2. Parents are invited to advise the Principal in writing of any significant circumstances that are not known to teachers that should be considered when constructing the new class groups. This invitation does not extend to “lobbying” staff so that the child is placed with friends.

3. The school makes the final decision about which class the student is placed in.

4. Parents are asked to respect the decisions made and trust that the school has taken all factors into consideration.

5. Classes may be formed before teachers are allocated teaching positions for the forthcoming year, therefore, requests for a particular teacher are inappropriate and cannot be taken into account.

6. Teachers will meet with year level colleagues to consider the best combinations for new classes taking into account social, emotional, academic and behavioural factors.

7. Class lists will be published on the Monday of the last week of Term 4. All classes will be given the opportunity to meet with their new class and teacher (if known or available) on this day.

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P&F NEWS

P&F MEETING - 26 OCTOBER AT 7.30PM
The next meeting will be held on Wednesday, 26 October in the Library at 7.30pm. As always everyone is welcome.

SCHOLASTIC BOOK CLUB
Issue #7 catalogues have been sent home. All orders are due by Friday 21 October.
Issue #7 has an exclusive Bonus Book Offer for parents who order and pay via LOOP.
If parents have placed a registered order on LOOP at any time in the past, they could qualify for up to four Bonus Books!

Rebekah Ernst, Book Club Coordinator

PE NEWS

Information is available in the Term 4 calendar or website for up and coming sporting events.

ROB DEBOWSKI, PE Teacher

YIDARRA SPELLING BEE
Our Spelling Bee was a great success on Wednesday 12 October and the results were:

Year 6
Winner - Saahil G (6G)
Runner Up - Dickson P (6G)

Year 5
Winner - Justin F (5G)
Runner up - Angelyne V (5G)

Year 4
Winner - Jamie D (4G)
Runner up - Reshan G (4B)

They will represent Yidarra at the Inter-School Spelling Bee at Queen of Apostle on Thursday, 27 of October - Week 3.

Congratulations

TENNIS AT YIDARRA
Before School Tennis Lessons with Pop Tennis
Term 4 2016 Wednesday’s Yrs 1-3 & Thursdays Yrs 4-6
7.45-8.30am Cost $150/child for 8 weeks.
For more info and enrolments email Glen info@poptennis.com.au or 0433 340 646.

ENROL FOR VACSWIM
SUMMER WILL SOON BE HERE - ENROL NOW FOR SWIMMING LESSONS
Enrolments for December/January lessons are now open. It is important for every child to learn vital swimming and water safety skills. VacSwim offers affordable school holiday swimming lessons run by qualified instructors at a range of locations throughout the state.
For further information and online enrolments visit education.wa.edu.au/swimming
YEAR 4 HERB GARDEN

The Year 4’s have been busy with their herb garden and in order for the herbs to keep flourishing the students are required to prune weekly. If you would like some herbs, families can purchase after assembly for $2 per bag. All proceeds go back into the garden.

See below the wonderful nutritional facts and health benefits for Parsley!

Parsley nutrition facts and health benefits

Custom Search

Parsley nutrition facts

Parsley is a popular culinary and medicinal herb recognized as one of the functional food for its unique antioxidants, and disease preventing properties. This wonderful, fragrant rich biennial herb is native to the Mediterranean region. This leafy herb belongs to the Apiaceae family, in the genus; Petroselinum. Its botanical name is Petroselinum crispum.

The herb is a small plant featuring dark-green leaves that resemble coriander leaves, especially in the flat-leaf variety. However, its leaves are larger by size and milder in flavor than that of leaf-coriander. The herb is widely employed in Mediterranean, East European, and American cuisine.

![Parsley-flat leaf variety. Note for smooth, broad, coriander like leaves.](image)

![Curley leaf variety.](image)

There exist several cultivars of parsley growing across the Europe. Italian or flat leaf-parsley (Petroselinum crispum neapolitanum) is popular around Mediterranean countries, and has rather more intense flavor than curley leaf parsley.

Mitsuba (Cryptotaenia japonica) has flavor and appearance similar to that of flat-leaf parsley and used as a garnish in Japan and China.

Health benefits of Parsley

- Parsley is one of less calorific herb. 100 g of fresh leaves carry just 36 calories. Additionally, its leaves carry zero cholesterol and fat, but rich in anti-oxidants, vitamins, minerals, and dietary fiber. Altogether, the herb helps in controlling blood-cholesterol, and may offer protection from free radical mediated injury and cancers.

- Parsley contains health benefiting essential volatile oils that include myristicin, limonene, eugenol, and alpha-thujene.

- The essential oil, Eugenol, present in this herb has been in therapeutic application in dentistry as a local anesthetic and anti-septic agent for teeth and gum diseases. Eugenol has also been found to reduce blood sugar levels among diabetics; however, further detailed studies required to establish its role.

- Parsley is rich in poly-phenolic flavonoid antioxidants, including apiin, apigenin, crisoeriol, and luteolin; and has been rated as one of the plant sources with quality antioxidant activities. Total ORAC value, which
**Canteen Helpers Needed**

Thank you to the parents who have kindly volunteered their time this term to help out in the Canteen.

The Canteen is still in need of volunteers! If you can help out on any of the days below, it would be much appreciated. Please see time slots below, even an hour within these times really makes a difference.
- Lunch Preparation (Corpus) - 8.40-11am
- Lunch Preparation (Corpus) - 8.40am-1.30pm
- Lunch Service (Yidarra) - 12.30-1.30pm

If you can help, please phone or email the office: admin@yidarra.wa.edu.au

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### Yidarra Canteen Volunteer Roster Term 4 2016

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<thead>
<tr>
<th>WEEK COMMENCES</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
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<tr>
<td>WEEK 1</td>
<td>PUPIL FREE DAY</td>
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<td>Amanda Boscheinen</td>
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<td>10th Oct</td>
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<td>WEEK 2</td>
<td></td>
<td>Diana Munro</td>
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<td>Anita Thompson</td>
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<td>17th Oct</td>
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<td>WEEK 3</td>
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<td>24th Oct</td>
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<td>WEEK 4</td>
<td>Jo Johnstone</td>
<td>Mandy Johnson</td>
<td>Mairead Furlong</td>
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<td>31st Oct</td>
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<td>WEEK 6</td>
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<td>14th Nov</td>
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<td>WEEK 7</td>
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<td>Kylie Melzer</td>
<td>Emma D’Alfonso</td>
<td>Anita Thompson</td>
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<td>21st Nov</td>
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<td>WEEK 8</td>
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<td>Liesl Rose</td>
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<td>28th Nov</td>
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<td>WEEK 9</td>
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<td>MONDAY</td>
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<td>24 OCT YR 3 IPAD INFORMATION SESSION 6.00PM Music Room</td>
<td>25 OCT YSR CORPUS INDIAN STUDENT ACTIVITIES Y4&amp;5</td>
<td>26 OCT KINDY ZOO EXCURSION</td>
<td>27 OCT BUDDY M45 P&amp;P 9AM</td>
<td>28 OCT BUDDY M45 P&amp;P 9AM</td>
<td>29 OCT Y2 ASSEMBLY</td>
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<tr>
<td>31 OCT INTERSCHOOL ATHLETICSS DAY 1 Field events Selected Y3s-Y6s 10-2</td>
<td>1 NOV ALL SAINTS DAY</td>
<td>2 NOV LOCK DOWN DRILL</td>
<td>3 NOV INTERSCHOOL ATHLETICSS DAY 2 Track Selected Y3s-Y6s 10-2</td>
<td>4 NOV Y3 Y5S Y189S 9AM</td>
<td>5 NOV BUSY BEE 9.30AM 2PM</td>
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<td>7 NOV</td>
<td>8 NOV No Staff meeting</td>
<td>9 NOV</td>
<td>10 NOV BUDDY M45 Y23YS 9AM</td>
<td>11 NOV</td>
<td>12 NOV</td>
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<td>14 NOV</td>
<td>15 NOV KINDY ORIENTATION 2PM PARISH HALL</td>
<td>16 NOV BUDDY M45 Y23YS 9AM</td>
<td>17 NOV BUDDY M45 Y23YS 9AM</td>
<td>18 NOV BUDDY M45 Y23YS 9AM</td>
<td>19 NOV</td>
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<td>21 NOV</td>
<td>22 NOV INTERSCHOOL Cricket Selected Y5s &amp; Y6s 11-2</td>
<td>23 NOV LITURGY Y3 9AM</td>
<td>24 NOV ADVENT LITURGY AT ASSEMBLY</td>
<td>25 NOV ADVENT LITURGY AT ASSEMBLY</td>
<td>26 NOV</td>
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<td>28 NOV CORPUS Y7 ORIENTATION DAY</td>
<td>29 NOV KINDY MESSY MUD INCURSION OSHCLUB</td>
<td>30 NOV Y4 EXCURSION TO BROWNIES DIARY BOARD MEETING 6.15-7.30PM</td>
<td>1 DEC Y4 ASSEMBLY 8.40AM</td>
<td>2 DEC Y4 ASSEMBLY 8.40AM</td>
<td>3 DEC</td>
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<td>5 DEC</td>
<td>6 DEC KINDY PRAYERS 8.30 - MORNING TEA &amp; VISIT FROM SANTA</td>
<td>7 DEC PP INCURSION ROSE C BOUNCY CASTLE &amp; SANTA VISIT</td>
<td>8 DEC GRADUATION LITURGY &amp; SUPPER</td>
<td>9 DEC WHOLE SCHOOL THANKSGIVING MASS 9-10AM</td>
<td>10 DEC</td>
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SUBJECT TO CHANGES, CHECK THE WEBSITE
Dear Year 5 Parents,

Traditionally, the Year 5 parents have assisted with catering for and serving the supper following the Graduation Mass for the Year 6 students and their families. The P&F have kindly provided funding for most of the catering and so our main concern is having volunteers to assist on the day. This will involve the pick up of food/beverages, setting up and decorating the Parish Hall on the afternoon, preparation of food, serving food and cleaning up after the event.

We are urging all parents to offer assistance in some way to make this event a success. Remember that next year when our children are graduating from primary school we will enjoy a similar celebration to mark this milestone.

Please fill out the slip below and return to the class teachers or office. To assist with organisation and planning can we please have all responses returned by THURSDAY 22 SEPTEMBER 2016.

If you have any questions, please contact Carolyn Fairhead on 0437 159 787 or craigandcaro@optusnet.com.au

Thank you for your support.

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YIDARRA CATHOLIC PRIMARY SCHOOL

YEAR 6 GRADUATION HELPERS 2016
BY YEAR 5 PARENTS

Name: ________________________________       Child’s Class 2016: 5B / 5G (please circle)

Phone: ________________________________   Mobile: ________________________________

Please tick how you can help:

☐ Donation of Dip and vegies/crackers (4 people only)
☐ Donation of Fruit Platter (4 people only)
☐ Donation of Sweet Platter (4 people only)
☐ Refrigeration on food/drinks (9am)
☐ Hall set-up - Decorations 1.30pm – 3.00pm
☐ Preparation of food/serving 6.45pm – 9.00pm
☐ Clean-up 9.00pm onwards
Bateman Parish Bush Dance – Saturday the 29th October 7:30 PM

Please join your fellow parishioners in the courtyard for a night of fun and dance straight after the 6:30 mass on Saturday the 29th October.

More than ever it’s important to connect with families and our fellow parishioners, so put away your phones, laptops and devices and get your feet moving.

This is a fun evening for children and adults alike. No dance experience needed. All dance steps will be taught.

The event is FREE. Bring your own dinner and snacks and we will provide tea and coffee.

SOUTHERN CROSS BUSH BAND

DON’T MISS OUT ON THE FUN!!
BRING YOUR WHOLE FAMILY TO
A NIGHT OF MUSIC, DANCE & GREAT COMPANY!!
ALL YOU NEED ARE HAPPY FEET!