FEAST OF THE PRESENTATION OF THE BLESSED VIRGIN MARY
November 21 marks the of the Presentation of the Blessed Virgin Mary and is a day of celebration around the world by the Presentation sisters, founded by the Venerable Nano Nagle. While, at Yidarra, our links are with the Mercy sisters, many of us were educated by the Presentation Sisters and 21 November was a day for reflection and fun at school. In my school days, the whole of Iona high school went to Rottnest for the day! Presentation Day is a day to give thanks for the wonder of Mary, the mother of Jesus, and for the work of those who follow in her footsteps, especially in bringing education to those most in need. We owe these women a tremendous debt of gratitude.

MS COSTIN
Ms Costin will be back from her New Zealand experience next week. Thankfully she and the group from the Catholic Education Office were not in the vicinity of the recent earthquakes in New Zealand.

ST VINCENT DE PAUL BASKETS
These have been delivered to the classrooms for filling. There is information in this newsletter as to appropriate items for families to donate. Please keep those who are struggling in your thoughts and prayers this Christmas and help them in this very practical way.

BOOKLISTS
It is amazing to think that we are thinking of booklists for 2017! They have been uploaded to the school website for Years 2 - Year 6. The lists are available through Campion for your convenience, but you are able to purchase the items on the list from a supplier of your choice. We ask that you ensure all items are purchased as listed and that they be available for the first day of school in 2017. Other classes are levied on their school fees for class supplies, although there are a few items the teachers ask you to provide. This is also on the website.

STUDENTS WITH ANXIETY
At a recent Yidarra Parent Connect Meeting the topic of the increasing number of children who seem to be experiencing anxiety was raised. ECU researcher, Sharon Jeyabalans, is conducting a series of workshops in 2017 for children aged between 7 and 10 who may be experiencing symptoms of anxiety. They are also conducting a research project on children who do not display these symptoms. If you are interested in following up on either of these projects, there is additional information contained in this newsletter.

SCHOOL GATES AND ARRIVALS
We are still getting used to having a fence and gates. The gates on either side of the front office and the canteen gate will be open every morning by 8:15am and locked at 9:15am. These will be opened again in time for afternoon pickup. The front gates will be locked in the afternoon by 4pm and the canteen gate at the conclusion of the afternoon duty at 3:20pm. If you are in the school grounds after these times, exit is via the gate at the OSCHClub Centre. All entry to the school grounds during class times is through the office and requires a sign in.

Please support our position that all students gather in the school undercover area before school, regardless of whether their parent is present.

God Bless
Tanya Giovannangelo
Acting Principal

NEW TELEPHONE MESSAGE SYSTEM
You may have already noticed that we have recently changed our telephone answering system.

The following options will be available when phoning the school:

- ABSENTEE REPORTING - Press 1
- ENROLMENTS & OFFICE/ADMINISTRATION ENQUIRIES - Press 2.
- PARENTS OF KINDERGARTEN CHILDREN - Press 3 to speak to a staff member.
- PARENTS OF PRE-PRIMARY CHILDREN - Press 4 to speak to a staff member.
- If a choice is not selected, the above will be repeated.
**SPECIAL P&F MEETING**
The Special P&F meeting will be held on **Wednesday, 30 November at 7pm** in the Parish Hall. The purpose of the meeting will be to approve the funding requests for 2017. As always everyone is welcome to the P&F meetings, hope to see you there!

**P&F AGM & THANKSGIVING CELEBRATION**
The P&F AGM will be held on **Wednesday, 30 November** in the Parish Hall, immediately following the Special P&F meeting which will commence at 7pm.

**SCHOLASTIC BOOK CLUB**
Final Issue, Issue#8 - Is now closed. Strictly NO late orders. If you missed the due date, you can order on line with a small delivery fee. Thank you.

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**LIBRARY NEWS**

**LIBRARY STOCKTAKE**
The annual stocktake of classroom and library resources will commence in week 7. The stocktake enables us to keep track of our valuable resources, replace damaged or missing items and identify gaps in our collection. We would really appreciate volunteers to help with the library stocktake.

If you are able to assist, please add your name to the list on the library door. Volunteers are needed for short block of time from Monday 5 to Thursday 8 December. The tasks include putting items in order and scanning.

**RETURN OF LIBRARY BOOKS**
All books borrowed by students and parents are due back to the library by **Friday 25 November**. After that time students are reminded that they can read books from their classroom library. Remember, families can join their local public library for books and other resources during the school holidays.

**TLC BOOK SALE - FAMILY OPEN DAY TLC BOOK SALE**, for information go to:
http://theliteraturecentre.createsend1.com/t/r-e-yh Hudkky-dykkrljky-r/

Cheryl Lopez
TEACHER LIBRARIAN

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**BOOKLISTS/STATIONERY ORDERS 2017**

Campion Booklists/Stationery for Y2-6 or orders can be made also through KingFisher Newsagency Bull Creek.

See Yidarra website under Communications for your information.
web.yidarra.wa.edu.au

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**UNIFORM SHOP - PP & Y1 2017**
The uniform shop will be opened from 1pm on Thursday 24 November, for family purchases for PP & Year 1 uniforms for 2017.
Is your child aged between 7 and 10 years?

Will you and your child help their peers with high anxiety who need help to develop coping skills and build resilience?

Does your child want to go in the draw for a family pass to Bounce?

I will be conducting research testing the effectiveness of an Acceptance Commitment Therapy anxiety intervention for children throughout the 1st term of school in 2017. I require children without high levels of anxiety and their parents to participate in the initial phase of the project.

This will involve:
- A single 1 hour testing session
- 3 questionnaires completed online anonymously

Your child is required to experience levels of anxiety expected for their age and to be eligible to participate, they cannot have any other diagnoses.

If you and your child are interested to participate or have any queries, please contact me:
Sharon Jeyabalang
0423 106 440
sjeyabal@our.ecu.edu.au

If you have any other concerns or questions you can also contact the primary supervisor of this project, Dr Rodrigo Becerra on (08) 6304 2786.

The ECU Human Research Ethics Committee has approved the proposed research. All information collected during the sessions will be strictly confidential. The completed project will not contain identifying information whatsoever. Please be aware that you may withdraw at any time from the study, as participation is completely voluntary.
Help Your Child Become a Superhero

An Intervention for Children with Anxiety

PARENTS!

Is your child aged between 7 and 10 and experiencing high anxiety?

Does your child need help developing coping skills and building resilience?

And are you ready to learn how to support your child cope with their anxiety?

I will be conducting an Acceptance Commitment Therapy anxiety intervention for the duration of 11 weeks at a clinic in North Perth throughout the 1st term of school in 2017.

This will involve (for both you and your child):
- 3 x 1 hour testing sessions
- 7 x 1 hour intervention sessions

Your child is required to experience high levels of anxiety however do not require a formalised diagnosis for anxiety. In order to be eligible to participate, they cannot have any other diagnoses.

If you and your child are interested to participate or have any queries, please contact me:
Sharon Jeyabal
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sjeyabal@our.ecu.edu.au

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Wednesday Morning Faith Program

This week, in our final session for the year, we will look at *The Wonder Of Christmas* through a set of joyful DVDs that capture the heart and spirit of Christmas. We invite all parishioners and Yidarra and Corpus Christi parents to come and explore this time of wonder and hope - the story, the significance, how we celebrate and what it means to us today.

When & where: Wed 23 Nov, 9.15am to 10.45am in the meeting room within the Parish Hall. All welcome.

Enquiries: Carolin 0432 855 605 / Su 0413 560 033

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**MEDICAL NEWS**

There have been some cases of School sores, please note the information below:

**Impetigo (School sores)**

A common, acute bacterial infection of the skin caused by staphylococcal or streptococcal bacteria. Symptoms include itchy pustules and scabs.

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Children are asked to bring in an item from the list to put into their classroom basket by **FRIDAY 2 December**. This is a simple and effective way to assist those in our community who find Christmas a time of great struggle. All hampers will be distributed by SVDP to local families in need.

**Christmas Appeal**

**Christmas Hamper Ideas**

- Christmas Pudding
- Custard
- Tinned Fruit
- Bon Bons
- Tea
- Coffee
- Milo
- Long Life milk
- Cereal
- Dried fruit
- Fruit Mince Pies
- Sweet biscuits
- Savory biscuits
- Candy Canes
- Jelly
- Jams
- Long life juice
- Christmas Cake
- Christmas napkins
- Christmas tablecloth

**Extras**

- Pancake mix
- Tinned vegetables
- Confectionery
- Muesli bars
- Pasta
- Pasta sauce
- Vegemite
- Soft drink
- Cordial
Experience of Ignatian Spiritual Exercises

with:
Chris Gardner
(with references to Pope Francis “Joy of Gospel”)

You are invited to contemplate and pray some Spiritual Exercises from the life of Christ. Using a combination of First Spiritual Exercises and excerpts from the Pope’s exhortation “The Joy of the Gospel”, Chris Gardner will lead us in an encounter with Christ which is what Pope Francis desires for us all.

This opportunity comes when we are in the season of Advent and is a perfect way to take time out for a morning to spend time on an important relationship in your life. Past attendees are encouraged to also attend as each year Chris changes the content.

Chris is a giver of the First Spiritual Exercises and the full Spiritual Exercises and a trained Spiritual Director, especially in Ignatian Spirituality. You are invited to contemplate and pray some Spiritual Exercises from the life of Christ. Using a combination of First Spiritual Exercises and excerpts from the Pope’s exhortation “The Joy of the Gospel”, Chris Gardner will lead us in an encounter with Christ which is what Pope Francis desires for us all.

Saturday 26 November 2016
10 am to 12 noon
$10 Donation unwaged
MacKillop Room, John XXIII College

Further Details and Registration contact Murray Graham on 9383 0444 or email graham.murray@johnxxiii.edu.au

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P&F President Induction Evening

The President and Council of the Parents and Friends Federation of WA Inc. would like to invite you to this free event

AGENDA FOR EVENING
- Welcome
- Introduction to the new ‘Online Induction Programme’
- OAA
- Networking opportunity

This event will be available via webinar if you are unable to attend in person e.g. parents in rural and remote schools

Please contact the office for further details

WHEN
Thursday 9 February 2017
TIME
6:30pm-8:30pm
LOCATION
St Peter’s Catholic Primary School
103 Wood Street
Inglewood WA 6052

As drinks and nibbles will be provided please RSVP with your details
(name/school/contact phone number) by Thursday 1 December 2016
thomas@pffwa.edu.au
9271 5909

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School Parent Association Induction

The online resource will assist your parents who are involved with, or interested in joining your school parent community group, to have information which enables them to participate fully as an Office Bearer or member.

It’s easy to use and will take about 30 minutes to complete. Some of the topics covered include confidentiality, forming and maintaining relationships, the road to resolution, what governance is as well as detailed descriptions of common roles. A personalised certificate is provided on completion as well as a great reference sheet.

Visit the website, www.parentassociation.com.au or call the PFFWA Office on 9271 5909

NB: This is a free resource for affiliated schools. Non-affiliated schools will be required to pay.

Developed for parents, by parents, with parents
Dear Parents of Yidarra Catholic Primary School

We are pleased to announce that Kingfisher Newsagency is able to fulfil all of your booklist stationery requirements for 2017.

Please visit our website: www.kingfishernews.com.au to view our very competitive prices.

To your right you will find step by step instructions on how to view your booklist. Please be aware that the password for Yidarra Catholic Primary School is: YID549 and will be needed to view your booklist.

Orders may be placed on our website and please assist us by ordering early — preferably by the 11th of December.

We will then have your pre-packed orders ready for collection by the 18th of January.

Website Instructions

1. Proceed to our website
2. Click on the “school lists” tab
3. Register as a customer
4. Under the “school lists” tab, select primary. Please note that you will need to click on the plus/minus squares next to each word.
5. Select Yidarra Catholic Primary School
6. Enter the password: YID549
7. You will return to the school lists tab and will need to select primary and your school once again.
8. Click on the plus/minus squares again to view your booklist.
9. If you are having trouble accessing your booklist or making your order, please contact Vince on 9332 5171.

Thank you for supporting your local newsagent.

Vince, Chris and Luke
Kingfisher Newsagency